



WAKE COUNTY HUMAN SERVICES

ANNUAL RESOURCE GUIDE

WAKE COUNTY HUMAN SERVICES RESOURCE GUIDE

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CRISIS HOTLINES

Alcoholics Anonymous (AA)	919-783-6144
24 hours.	
Al-Anon (24 Hours)	919-713-1516
Care-Line	800-662-7030
Carolinas Poison Center	800-848-6946
Child Abuse Hotline	800-4 A CHILD
Crisis Intervention Hotline	919-545-0224
7 days, 24 hours. Serves victims of domestic violence, domestic abuse and sexual assault.	
Drug Helpline	800-DRUG HELP
Gay and Lesbian Helpline	919-821-0055
Provides general information on issues affecting the gay and lesbian population; also provides information and referrals for services.	
Holly Hill Respond (Crisis Intervention)	919-250-7000
Hopeline	919-231-4525
7 days, 24 hours. Crisis and suicide prevention.	
Interact Rape Crisis Hotline	919-828-3005
Provides information and support for survivors of sexual violence, their friends, and family members.	
Interact Domestic Violence Hotline	919-828-7740
Interact SAFE Center	919-828-3067
7 days, 24 hours. Provides evidence collection kit and emotional support to victims of rape and sexual assault. Or, "24 hours hospital counseling and support"	
Mental Health and Substance Abuse Emergencies	919-250-3133
National CDC Hotline	800-342-2437
National Runaway Switchboard	800-RUNAWAY
7 days, 24 hours. Provides crisis intervention for youth at-risk. Will make conference calls to parents, deliver messages from runaways to their parents or guardians, assists with free transportation for qualified runaways.	
Orange, Person & Chatham County Mental Health	919-542-4422
Teen TalkLine	919-231-3626
Teen issues.	
United Way Resource Information	211
Information referral service serving Chatham, Durham, Orange, and Wake counties	
Wake County Human Services Crisis and Assessment	919-250-3133.

Wren House Youth Crisis Hotline..... 919-832-7866
Serves youth ages 10-17 who are homeless, runaway, or just need a place to stay (24 hrs to 14 days) and provide crisis intervention.

CLOTHING

Brooks Avenue Church of Christ.....821-2400
700 Brooks Avenue, Raleigh, NC 27607 www.brooks.org
2nd and 4th Saturday of each month, 9:00am-12:00noon. No referral required.

Catholic Parish Outreach.....873-0245
2539 Noblin Road, Suite C, Raleigh, NC 27604 www.cporaleigh.org
Monday through Saturday, 10:00am-1:00pm. *Referral required.* SS Card required for all family members receiving assistance. Clothing for children (up to children's size 4); maternity clothing for expectant mothers. Limited supply of baby items.

First Baptist Church832-4485
99 North Salisbury Street, Raleigh, NC 27601 www.fbcraleigh.org
Wednesday 10:00am- 11:30am; Thursday 1:00pm- 2:30pm. Some type of ID required such as social security card or driver license. Clothing for men, women and children.

Garner Area Ministries.....772-9100
401 Aversboro Road, Garner, NC 27529
Monday, Wednesday, and Friday 9:00am – 12:00pm. *Must be a resident of the Garner area.*

Helping Hand Mission829-8048
623 Rock Quarry Road, Raleigh, NC 27610
Monday through Friday 11:00 a.m. – 2:00 p.m. *Referral required.* Two changes of clothing provided.

Junior League of Raleigh Bargain Box.....833-7587
401 Woodburn Avenue, Raleigh, NC 27605
Monday through Saturday 10:00 a.m. - 6:00 p.m.; *Referral required.* Bargain Box referrals only, accepted from participating agencies.

Martin Street Baptist Church833-9756
Called 3/2/06 – They said to take them off the Clothing Closet list.

Pregnancy Life Care Center.....873-2442
1001 Navaho Drive, Suite 101, Raleigh, NC 27609 www.pregnancylifecare.org
Appointment required. Clothes for expecting mothers and newborns up to 12 months. Also provides parenting skills, budgeting skills, pregnancy tests, ultrasounds, and diapers.

Salvation Army.....834-6733
215 South Person Street, Raleigh, NC 27601 www.keepthebellringing.org
Thursday, 8:30am-11am. Serve first 25 people. NC identification and SS card required for all family members receiving assistance. Can get clothes every 3 months.

Tri-Area Ministries556-7144
126 Owen Street, Wake Forest, NC 27588
Open Mon., Wed. & Fri. from 9:00 a.m. – 12:00 p.m. *Serves mainly Wake Forest, Rolesville and Youngsville residents only.*

Clothing continued....

The Women’s Center829-3711
128 East Hargett Street, Suite 10, Raleigh, NC 27601 **www.wcwc.org**
Resource for women. Clothing closet for employment clothing provided to clients with appointment. Abbeygail’s Closet is a thrift shop extension of the Women’s Center, which specializes in upscale, name brand women’s and children’s gently owned clothing. It is located at 5205 Hillsborough Stl, Raleigh, N. C. 27606..... **859-6337**
Abbeygails’s hours are Wed. – Sat., 10:00 a.m. – 6:00 p.m., and Sun. 1:00 p.m. – 5:00 p.m.

AFFORDABLE CLOTHING RESOURCES

Dorcas Thrift Shop.....469-9861
1231 Northeast Maynard Road, Cary, NC 27513 **ccadorcas.home.mindspring.com**
Monday through Friday, 9:00am-4:00pm; Saturday, 10:00am-2:00pm. Offers a wide variety of merchandise including clothing for the whole family, shoes, coats, small appliances, vintage items, books, in-store floral arrangements, jewelry, audio books, toys/games, lamps, dishes, and more, all at affordable prices.

Garner Area Ministries.....772-9100
401 Aversboro Road, Garner, NC 27529
Monday through Saturday, Thrift Shop, 9:00am-1:00pm.

Goodwill Industries834-0504
321 West Hargett Street, Raleigh, NC 27601 **www.goodwillenc.org/retail.html**
Monday through Saturday, 9:00am-5:00pm. From clothing to collectibles, GCF Donation Centers & Stores® stock a wide assortment of items with fresh merchandise arriving daily. Please contact Goodwill Industries through telephone or internet for other retail locations in Wake County.

FOOD RESOURCES

Alliance of AIDS Services / “Under One Roof”212-9500

27 Sunnybrook Rd, Raleigh, N. C. 27610

Walk-in food pantry and bus ticket assistance available. Free HIV counseling. Financial assistance and initial intake by appointment only.

Brooks Avenue Church of Christ.....821-2400

700 Brooks Avenue, Raleigh, NC 27607

www.brooks.org

Food Pantry every 2nd and 4th Saturday of each month, 9:00 a.m. - 12:00 noon. No referral required.

TOOK OUT CALAVARY BAPTIST PER MARY NELSON, SERV. INTAKE 3/7/06

Catholic Parish Outreach834-9680

2539 Noblin Road, Suite C, Raleigh, NC 27604

www.cporaleigh.org

Monday through Saturday, 10:00am-1:00pm. *Referral required.* SS Card required for all family members receiving assistance. Approximately one week’s worth of groceries given to family/individual once every 30 days.

Chest of Hope Food Pantry

Living Waters FGB Church, 3309 Cedar Springs Drive, Raleigh, N. C. 27603

Saturday mornings from 9:00 a.m. – 12 noon. Need N. C. i.d.

Christian Community in Action.....469-9861

1231 Northeast Maynard Road, Cary, NC 27513 ccadorcas.home.mindspring.com

Monday through Friday, 10:00 a.m. - 1:00 p.m. Interviews are started between 10:00 a.m. and 12:30 p.m. *Serves only residents of Cary, Morrisville, Apex, Holly Springs, Willow Springs, New Hill, and Friendship.*

Edenton T. United Methodist Church 832-7535

Faith Alive Church James E. Hall Food Pantry872-9990

4817 Hargrove Rd, Raleigh, N. C.

Appointment Required. (If answering machine picks up, leave message and phone number.)

Open Tuesdays, Wednesdays & Thursdays 9:30 a.m. – 2:00 p.m.

First Biblican Church of Deliverance, Inc. (CTBOCD, Inc).....779-4858

109 West Main Street, Garner

Every 3rd Saturday of the month 2:00 – 5:00 p.m.

Population served: Garner and eastern part of Raleigh area.

Garner Area Ministries.....772-9100

401 Aversboro Road, Garner, NC 27529

Monday, Wednesday, Friday, 9:00am-12:00noon. *Must be a resident of the Garner area.*

Longview United Methodist Church.....834-7554

2312 Milburnie Rd., Raleigh, NC 27610

Food pantry by appointment only (Wednesdays 12:30pm – 3:00pm). *Must be a resident of Raleigh, ID required. WILL DELETE – DIDN'T SEE IT On list for S. I. Or Women's Center*

- North Raleigh Ministries.....785-9911**
2431 Spring Forest Rd., Ste. 251, Raleigh, NC 27615
 Food pantry by walk-in or appointment, Monday through Thursday 10:00am – 1:00pm. Must present picture ID, Social Security card, and proof of address (Must be a resident in zip code 27609, 27612, 27613, 27614, or 27615).
- Saint John's Baptist Church.....832-5134**
1615-A Oberlin Rd., Raleigh, NC 27608
 Call to set up an appointment with coordinator. *Referral required.*
- Salvation Army.....834-6733**
215 S. Person Street, Raleigh, NC 27601
Tuesdays and Thursdays 1:30 – Sign up at 1:00 (first 15 individuals/families served.)
I.D. for all family members required (SS card or green card and NC State ID or Driver's License)
May be served one time every 3 months.
- The Women's Center 829-3711**
128 E. Hargett St., Raleigh, NC 27601
 Resource for women. Food referrals available by appointment and subject to availability. Emergency food given when no other resources available.
- Tri-Area Ministries556-7144**
149 E. Holding Ave., Wake Forest, NC 27588
 Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.
 Serves mainly Wake Forest, Rolesville and Youngsville residents.
- Urban Ministries Crisis Intervention Center834-4707**
840 Semart Dr., Raleigh, NC 27604
Monday through Friday 9:00 a.m. – 1:00 p.m.
Limit 25 people per day, subject to availability

Food Resources Continued....

Wake Relief833-6400

St. Savior’s Center at 616 Tucker St. (bottom floor), Raleigh, NC 27603

Mondays 1:00 - 3:00 p.m.; Wednesday and Friday 10:00 a.m. - 12:00 noon. Wake County Human Services/Financial Case Manager referral required. Will provide a week’s supply of groceries given to clients screened & referred to us by WCHS every 60 days. If client is referred from an agency other than Wake Co. Human Services, then client is limited to assistance once per year.

Western Wake Crisis Ministries.....362-0657

103 E Chatham St., Apex, NC 27502

Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.

Social security card required. Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.

MEALS

First Baptist Church832-1649

101 S. Wilmington St., Raleigh, NC 27601.

Sunday, breakfast served at 8:30 a.m. for homeless who attend 7:30 a.m. service.

Shepherd's Table Soup Kitchen831-2010

121 W. Morgan St., Raleigh, NC 27601

www.shepherds-table.org

Monday through Friday, hot lunch served 11:00 a.m. - 12:00 noon.

Salvation Army834-6733

215 S. Person Street, Raleigh, NC 27601

Monday through Friday; dinner served 5:00 - 5:45 p.m.

The Women's Center829-3711

128 E. Hargett Street, Raleigh, NC 27610.

For homeless women only. Monday and Wednesday, lunch served 11:30 a.m.

FOOD STAMPS

Wake County Human Services212-7000

Hotline Number (Care-Line)1-800-662-7030

220 Swinburne Road, Raleigh, NC 27610

Monday through Friday, walk-in to apply (application times are 8:30am, 10:00am, 12:30pm, and 2:30pm). The application session lasts approximately 2 hours. In order to determine eligibility for assistance, the following information will be needed for household members: birth certificates, Social Security numbers, ID of head of household, verification of rent and utilities, all pay stubs for the prior 2 months and verification of any other income such as child support, self-employment income and contributions.

WIC (Women, Infants, and Children) PROGRAM250-4720

Public Health Center

10 Sunnybrook Road, Raleigh, NC 27610

Monday through Friday 8:30 a.m. - 5:15 p.m. Call to schedule an appointment to apply; eligibility based on income and nutritional need. WIC is a food supplement program for pregnant women and children under five. Vouchers are given for milk, formula, cereal, fruit, juice, and beans. Wellness Clinic for infants is also available here.

FINANCIAL ASSISTANCE FOR RENT AND UTILITIES

Christian Community in Action469-9861

1231 NE Maynard Road, Cary, NC 27511

Monday through Friday 10 a.m. – 1:00 p.m. Emergency financial assistance for rent and utilities for only residents of Cary, Apex, Holly Springs, Willow Springs, Friendship, New Hill and Morrisville areas.

First Presbyterian Church Outreach Ministry 833-4070

124 S. Salisbury Street, Raleigh, NC 27601

Call on Monday after 10:00 a.m. to schedule an appointment. Financial assistance is provided once a year for rent, utilities and other needs for those employed.

Garner Area Ministries.....772-9100

401 Aversboro Road, Garner, NC 27529

Monday, Wednesday, Friday, 9:00am-12:00noon. *Serves residents of Garner and closely surrounding areas.*

North Hills Crisis Center.....785-9911

5001 Six Forks Road, Raleigh, N. C. 27609

Serves Raleigh residents in zip codes 27609, 27612, 27613, 27614 and 27615.

Salvation Army.....834-6733

215 S. Person St., Raleigh, NC 27601

Monday, Tuesday, Wednesday, and Friday. Doors open at 8:45 a.m. First 15 people served. No one past 9:00 a.m. Need final notice on utilities or eviction notice for rent. Must be working 30 hours a week or receiving social security/disability benefits. Must be paying \$300/month rent if working, \$200/month if receiving social security. NC photo ID and SS card required. May receive assistance once per year.

Tri-Area Ministries556-7144

149 E. Holding Ave., Wake Forest, NC 27588

Open Monday, Wednesday, Friday 9:00 a.m. – 12:00 p.m.

Serves mainly Wake Forest, Rolesville and Youngsville residents.

Triangle Family Services/Emergency & Housing Services Assistance Program...821-1348

401 Hillsborough Street, Raleigh, NC 27603

Monday through Thursday 8:00 a.m. – 5:00 p.m. Friday 8:00 a.m. – 1:30 p.m. Emergency crisis counseling, information and referrals. When funds are available, may provide support for working homeless families, including assistance with first month's rent, as part of the Rainbow's End Program and to families at risk of homelessness as part of Notch Program. For utilities assistance, must have eviction or late rent notice. For assistance with rent in existing residence, must have dependents under 18.

“Under One Roof”.....212-9500

23 Sunnybrook Road, Raleigh, N. C. 27610

Financial assistance for persons with HIV/AIDS by appointment only.

Urban Ministries Crisis Intervention Center 834-4707

850 Semart Drive, Raleigh, N. C. 27604

Financial assistance provided for rent and utilities to low-income people in Wake County on an appointment basis. Calls for appointments are accepted on Mondays at 8:30 a.m. Will serve first 15 people for financial assistance.

Wake County Human Services - Service Intake.....212-7000
220 Swinburne Street, Raleigh, NC 27610

Monday through Friday 8:00 a.m. - 5:00 p.m. Must register by 4:30 p.m. Crisis financial assistance provided for rent, transportation, medications, eyeglasses, and other emergency situations. Assessment, counseling, and information and referral services also offered.

Western Wake Crisis Ministries.....362-0657
103 E Chatham St., Apex, NC 27502

Monday, Tuesday, Wednesday and Thursday 10:00 a.m. - 1:00 p.m.
Social security card required. Serves Apex, Fuquay-Varina, Holly Springs, & New Hill and Friendship areas.

BUDGET COUNSELING

Individual Development Account Program (IDA)
Wake County Provider Passage Home.....834-0666
Call for information.

Triangle Family Services.....821-1770
401 Hillsborough Street, Raleigh, NC 27603

Please call for an appointment. Monday through Thursday 8:00 a.m. - 5:00 p.m.; Friday 8:00 a.m. – 1:30 p.m. Consumer Credit Counseling offers financial counseling to individuals and families who need help managing their income, budgeting assistance, and assistance for people having problems with their mortgage. A debt repayment program is available for those eligible (\$25). Budget counseling is free.

Wake County Human Services, Service Intake212-7000
220 Swinburne Road, Raleigh, NC 27610

Monday through Friday 8:30 a.m. - 5:00 p.m. Must register by 4:30 p.m. Service Intake social workers will work with individuals on a variety of issues including budget counseling.

HYGIENE/TOILETRY ITEMS
For the homeless only

Cornerstone.....508-0777
220 Snow Avenue, Raleigh, NC 27603

Monday, Tuesday, Thursday and Friday 8:30 a.m. – 12:00 p.m. and 1:00 p.m. – 5:00 p.m;
Wednesday 1:00 p.m. – 5:00 p.m. Subject to availability.

First Baptist Church832-4485
99 N. Salisbury St. Raleigh, NC 27601

Wednesday 10:30 a.m. – 12:00 p.m.; Thursday 1:00 - 2:30 p.m.

The Women's Center829-3711
128 E. Hargett Street, Raleigh, NC 27610.
Items provided to homeless women by appointment based on need and subject to availability.

Urban Ministries832-4707
840 Semart Drive, Raleigh, NC 27604
Monday through Friday 9:00 a.m. - 1:00 p.m. Subject to availability.

LAUNDRY FACILITIES
For the homeless only

Cornerstone.....508-0777
220 Snow Avenue, Raleigh, NC 27603
Tuesday and Friday 8:30 a.m. - 11:30 a.m. Will serve the first 7 individuals.

SHOWERS
For the Homeless Only

Cornerstone.....508-0777
220 Snow Avenue, Raleigh, NC 27603
Monday through Friday 1:30 - 4:30 p.m. Towels and toiletries provided.

Urban Ministries.....834-4707
840 Semart Drive, Raleigh, NC 27604
Monday through Friday 9:00 a.m. - 1:00 p.m. Towels and toiletries provided.

TRANSPORTATION

Capital Area Transit (CAT).....828-7228
1430 & 214 S. Blount St., Raleigh, N. C. 27603
Call for information and schedule.

Triangle Transit Authority (TTA).....549-9999
06 Park Drive, RTP, NC 27709
Office Hours Monday through Friday 8:00 a.m. – 7:00 p.m. Bus hours 5:00 a.m. – 10:20 p.m.
Free vanpool matching available to the general public (485-7461) and regional bus service to
Raleigh, Durham, Chapel Hill, RTP, and RDU. Bus schedules available at Moore Square
information booth. www.rideTTA.org

Wake County Transportation Center – (Wake County Human Services).....212-7005
220 Swinburne Street, Raleigh, N. C. 27610
Monday – Friday, 8:00 a.m. – 5:00 p.m.
Walk-ins: Monday - Friday, 9:00 – 11:00 a.m. and 2:00 – 4:00 p.m.
Medical transportation through Medicaid and other transportation services for Wake County
citizens.

HOUSING SHELTERS

The Helen Wright Center for Women (formerly The ARK)833-1748

401 W. Cabbarus Street, Raleigh, NC 27601

Target Group: Homeless women, no families

Please call or stop by to be placed on the waiting list. Open 24 hours a day on weekend, closed 9:00am to 4:00pm weekdays. You will be contacted when a bed is available. Emergency housing begins at 6:00 p.m. and ends at 7:00 a.m. Participation in case management services is required for all new clients.

Initial stay is two months; assigned case manager must approve extensions.

Emergency Housing is available during White Flag nights.

South Wilmington Street Center.....857-9428

1420 South Wilmington Street, Raleigh, NC 27603

Target Group: Homeless men, age 18 and older

Hours/Days: 7 days, 24 hours.

Check-in is from 5:00 p.m. – 7:00 p.m. (anytime after 4:00 p.m. for new guests) First Come First Served.

Offering 3 meals a day and services such as case management, mental health, substance abuse, employment, information and referral. Also provides transitional services. *Emergency housing is available during White Flag nights.*

The Healing Place (Men's Facility)838-9800

1251 Goode Drive, Raleigh, NC 27603

Target Group: Homeless men, age 18 and older, who are from Wake County.

Length of stay: Shelter--One Night; Non-medical Detox-- 3 to 5 days; Recovery Program--7 to 12 months

Other: The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless men with alcohol and other drug problems. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, men must be at the SouthWilmingtonStreetCenterby 4:00 pm each day for the van pick-up.

The Healing Place (Women's Facility)..... 865-2550

3304 Glen Royal Road, Raleigh, NC27617

Target Group: Homeless women, age 18 and older, who are from WakeCounty.

Length of Stay: Shelter--one night; Non-medical Detox--3 to 5 days; Recovery Program--7 to 12 months

Other:The Sobering Up Center offers non-medical detoxification. The overnight shelter offers emergency shelter one night at a time. The recovery program is a long-term, 12-Step based, peer-run program for homeless women with alcohol and other drug problems. Pregnant women may stay in the overnight shelter but are not admitted to detox or the recovery program. Walk-ups are not allowed and beds are not reserved. In order to enter the emergency night shelter, women must be at the Women's Center at Blount and Hargett Streets by 3:15 pm each day for the van pick-up.

Raleigh Rescue Mission Men: 828-9014 or 828-9015

314 E. Hargett Street, Raleigh, NC 27601 Women: 828-4980

Target Group: Homeless men, women, & families

Breakfast, lunch, and dinner for residents. Check-in for men's emergency shelter program is 6:00 p.m. Call for additional information.

Men's Program: To get on waiting list, call or come to mission before 5:00 p.m. Evening. (Referrals, Walk-ins etc).

- Work-out program (can stay 3 days at a time for 4 to 6 weeks while looking for work and awaiting paycheck. Limited bed space).

- Long Term (4 to 6 month commitment, indefinite length of stay if working on personal, educational, vocational goals).

Women's Program:

- Case management services available; no time length restrictions.

Salvation Army.....834-6733

215 S. Person Street, Raleigh, NC 27601

Target Group: Single women and women with children (boys to 10 yrs of age)

Call to get on waiting list. Case management, counseling, and parenting classes provided. Residents may stay up to 90 days. All meals provided for residents. Must pass a drug test on admission. Residents are required to work or be active in a training/treatment program after admission into shelter. Short-term emergency housing for single women, as space permits.

White Flag Initiative: White Flag (WF) is a coordinated effort among area shelters to provide emergency overflow shelter to homeless persons in the event of severe weather conditions. In extremely cold or extremely hot conditions, the WF sites will provide shelter beyond their regular capacity. WF events do not include natural disasters such as hurricanes, flooding, or tornadoes; in these events, all citizens will be able to access services at the community disaster shelters.

SHELTERS

Target Group: Shelter for victims of domestic violence

Call for assistance; they will send a cab to pick up. Average 1-2 month length of stay. All meals provided.

St. Martin House.....779-8766

Address

Target Group: Women with Children

Two beds in a private home

Volunteer Families For Children (VFC)852-5700

7330 Chapel Hill Road, Suite 206

Target Group: Children, birth to 18 years.

Capacity depends on availability of host families.

VFC provides emergency and planned respite care (i.e. temporary relief) to the children of fragile families. Services are provided by trained and licensed volunteers in their homes. Situations in which respite is needed are homelessness, substance abuse, illness, stress of parenting, etc. *VFC does not accept custody of children. The purpose is to support families.*

Wake Family Entry836-9197

501 New Bern Avenue, Raleigh, NC 27601page at 899-0812

Target Group: Families with children

Short-term emergency shelter for families. Case management services provided by Pan Lutheran Ministries. Call to make a referral or schedule a screening assessment. A case manager will meet families at a convenient location. Specific rooms are set aside in a boarding house - *this is not a walk-in shelter*. Breakfast provided 7 days a week; lunch is provided on weekends.

Wake Interfaith Hospitality Network.....832-6024

Day Center – 903 Method Road, Raleigh, NC 27606

Target Group: Families with Children, Couples, & Single Pregnant Women

Short-term shelter program; application required. Day Center downtown. Support services provided. Must be prepared to work, be already working, or have some form of reliable income. Must have completed treatment if there is a known history of substance abuse. Assessment and referrals from service agencies preferred. Intake hours are Monday through Thursday, 9:00 a.m. - 5:00 p.m. at the Day Center. Contact Program Manager for intake.

Wrenn House (Haven House).....833-3312

908 W. Morgan Street, Raleigh, NC 27607

Target Group: Adolescents aged 10-17

Crisis intervention program for youth/families.

24 hour Telephone Crisis hotline: 832-7866. 24 hour walk-in services; temporary shelter for homeless runaway and other youth in crisis aged 10 – 17 years. Maximum length of stay, 14 days. Individual group and family counseling. Outreach through Project Safe Place aftercare services. Individual, group and family counseling.

TRANSITIONAL HOUSING

Aurora House	789-9915
<u>Target Group:</u>	Women in recovery from substance abuse
<i>Capacity Level:</i>	6 women
<i>Units Available:</i>	6 beds
<i>Other:</i>	Need a referral from Wake County Mental Health Services.
Beacon Haven	835-1218
<u>Target Group:</u>	Women ex-offenders
<i>Capacity Level:</i>	5-6 women, <i>Must have a referral.</i>
The Caring Place	462-1800
<u>Target Group:</u>	Working Families with children
<i>Capacity Level:</i>	Currently 8 Families with a maximum of three children per family.
<i>Length of Stay:</i>	4 Months
<i>Units Available:</i>	Seven 2-Bedroom Units
<i>Other:</i>	Capacity to assist one of these families in maintaining their current residence. Attendance of weekly life skills training sessions required. Must be employed and working full-time, and homeless (or at-risk of becoming homeless).
Cornerstone Transitional Housing Program	831-6650
(A division of the City of Raleigh Community Development Department)	
<u>Target Group:</u>	Single Men
<i>Capacity Level:</i>	19 Men
<i>Length of Stay:</i>	6-18 Months
<i>Units Available:</i>	19 Studio Apartments
<i>Other:</i>	Rent based on income; must reside in a temporary shelter or be referred by a homeless service agency.
Women's Center of Wake County	829-3711
<u>Target Group:</u>	Women with Children
<i>Capacity Level:</i>	3-4 families, maximum of 12 people.
<i>Length of Stay:</i>	4 weeks to 4 months
<i>Units Available:</i>	4 Single rooms in a house
<i>Other:</i>	Need a referral from the Mentor Advocacy Program at the Women's Center.
Emmaus House	821-7901
10 N. East St., Raleigh, 27601	
<u>Target Group:</u>	Single Men
<i>Capacity Level:</i>	Seven Men
<i>Length of Stay:</i>	Open
<i>Units Available:</i>	3 Single Occupancy; 2 Double Occupancy
<i>Other:</i>	\$85/week rent - part of rent applied to a savings plan that residents receive when they leave the program.

TRANSITIONAL HOUSING

Families Together	212-1123
<u>Target Group:</u>	Families

Capacity Level: Eight Families
Length of Stay: 12 Months
Units Available: Six 3-Bedroom Units
Other: Transitional housing and support services to assist families in achieving self-sufficiency. Life skills program, live-in resident manager, minimal monthly program fee. Must be employed or in an education/training program.

Harrington Place828-8480

For Adults with severe and persistent mental illness and may have a reoccurring substance abuse disorder.

Target Group: Men & Women

Length of Stay: 18 months – 2 years maximum

Units Available: 11 efficiency apartments

Other: Need a referral from Wake County Mental Health Services. Call to be added to waiting list.

Haven House Group Homes.....833-3312

Target Group: Homeless Adolescents aged 16-21

Foster care provided for youths under 18 years of age. NO Emergency Housing provided. Supportive Services for 18-21 year olds.

Matthew House..... 834-0666

(A program of Passage Home, Inc.)

Target Group: Families with Children

Capacity Level: Two Families

Length of Stay: 6-24 Months

Units Available: Two Apartments

Other: A variety of support services are offered to assist families in achieving self-sufficiency. Parent(s) must be working or in school.

New Beginnings881-4115

Target Group: Women and Women with Children

Capacity Level: 17 Families

Length of Stay: Average of 4-6 Months

Units Available: 17 Apartments

Other: **Mothers must be working/seeking employment and homeless (or at risk of becoming homeless.)** Budgeting, goal setting, and other support/counseling services offered; follow-up offered for a year after family moves into permanent housing.

New Bern House.....828-9744

Target Group: Men, Women, & Families

Length of Stay: 4 months

Transitional Housing continued.....

New Life Connections833-3393

Target Group: Single Women

Capacity Level: 5 Women

Length of Stay: Up to 1 Year

Housing for homeless Single Women. Must be 18 years or older. **Rental of a room is a requirement. Must have some form of income.** Referrals are preferred.

Our House.....828-9569

Target Group: Single Men
Capacity Level: 8 Men
Length of Stay: 3-6 Months
Units Available: Shared Bedrooms in a Single House
Other: Housing for under-employed, ex-offenders and those in recovery. Must be employed/seeking employment; employment training is offered through the Job Partnership Program. \$80/week, some food available for self-preparation.

**Poole Road Transitional Housing.....857-4330
(A program of the City of Raleigh Community Development Department)**

Target Group: Families
Capacity Level: Nine Families
Length of Stay: 1-18 Months
Units Available: 9 Two-Bedroom Apartments
Other: Must be employed; staff will work with clients to enhance job skills and assist in obtaining long-term employment and housing. Educational opportunities, child care and self-esteem workshops are also offered.

Raleigh Rescue Mission (In-House Transitional Housing Program).....828-9014

Target Group: Single Men
Capacity Level: 4 -7 Beds
Length of Stay: Flexible
Units Available: 4 Individuals to a room (presently dormitory setting for some residents)
Other: Various programs offered depending on residents' progress and goals, i.e., life skills and budgeting classes, employment training, educational opportunities, AA/NA meetings, etc.

**Sharing House I and II833-2885
(Programs of Wake County Opportunities, Inc.)**

Target Group: Single Women & Women with Children
Capacity Level: Total 24 Family Members - family sizes range
Length of Stay: Up to Three Months
Units Available: Shared living space in a house
Other: 30% of gross income. Case management and support services to assist residents in reaching self-sufficiency. Residents must be working, seeking employment, or involved in an educational/vocational program.

Transitional Housing continued.....

Step-Up Ministry.....834-0372

Target Group: Employed Homeless Families
Capacity Level: Ten Families
Length of Stay: Phase I: Four Months; Phase II (Second Step): 12 Months
Units Available: Ten 2- and 3-Bedroom Apartments
Other: One adult must be employed full-time, work part-time or attend school or educational/vocational program part-time. Phase I - Up to 16 weeks of no-cost housing and support services; Second Step - 3 to12 Months of low-

cost housing; Step Ahead scholarship program is available to pay for educational and related expenses at area educational institutions; Step Beyond mentoring program is also available, offering enriching after school or summer activities. Tuesday night meeting required (2 hours).

Housing for Special Needs

Christian Fellowship Home833-6030

Target Group: Men; recovering substance abusers

Length of Stay: 4-6 months with limited extensions

Other: Half-way house for recovering substance abusers. Referral from alcohol treatment center or other entity required. Provides beds and program for recovering substance abusers. Length of stay, 4-6 months with limited extensions.

Glory to Glory House of Refuge.....829-9491

Target Group: Single homeless Women with HIV/AIDS, Substance Abuse, Mental Illness.

Length of Stay: 8 months – 1 year

Other: Challenging program based upon individual needs. Other support services include case management, 12 step NA/AA groups, meals, job search, advocacy, permanent housing search, budgeting, substance abuse, mental health counseling, math, reading and computer classes.

The Healing Place838-9800

Target Group: Homeless men, age 18 and older, who have an alcohol or other drug disorder.

Other: Shelter Beds, No Walk Ins, Pick-up at the South Wilmington Street Center at 4:00 p.m.

The Sobering Up Center (Non-Medical Detox).....834-0998

Provides 24 beds which are designed to help homeless men who are under the influence of drugs or alcohol and are in withdrawal can safely detox.

Length of Stay: 3 to 5 days

Motivational Track concluding with the Transitional Program.....834-0998

Recovery program. 120 bed capacity.

Length of Stay: 5 to 9 months

Hustead House834-2437

Target Group: People with AIDS that need daily care.

Capacity Level: Five Beds

Length of Stay: As Long as Desired

Other: Residential facility for people with AIDS that need daily care. Full services provided by 24 hour staff (cooking, cleaning, pastoral care, etc.)

Mission House for Women856-1524

General Information: Group home setting for homeless women with substance abuse or mental health issues. Provide basic living, budgeting, and employment skill training, in supervised, independent living quarters.

Oxford House (800) 486-6488

General Information: Self-run, self-supported group housing for recovering substance abusers; various homes in Raleigh:

Arrowwood: 877-0151	Lorimer: 851-1756	Oakridge: 468-9306
Brentwood: 876-9260	Mordecia: 821-4389	Pincrest: 873-9212
Crosslink: 755-0603	Northcliff: 844-3543	Wimbleton: 781-6505
Hearth: 875-9656	Northhills: 510-9096	

SouthLight-Life Plus832-4453
General Information: Supervised living for substance abusers (men & women) referred by Wake County or the Veterans Administration. Contact: Henry Tarkington

OTHER HOUSING PROGRAMS/SERVICES

Wake Housing Resource Center.....857-9472

418 South McDowell Street, Raleigh, NC 27601

Monday through Friday 11:00 a.m. to 5:00 p.m.

WHRC provides families and individuals with information on housing throughout Wake County. Call or visit the office for a list of workshops on credit, budgeting, home buying, apartment vacancies, and other housing resources.

AME Incentive Program.....834-3734

Housing for up to 45 men in a shared living space. Charge is \$45/week; some meals provided. Day shelter on-site.

CASA.....754-9960-ext.16

Casa develops, owns, and manages affordable housing for consumers of Wake County Human Services (WCHS) who have a disability. There is some limited housing for persons who are not homeless and not receiving services from WCHS. Housing applications are made to CASA.

Passage Home, Inc834-0666

Ext. 235 Intake Coordinator: Louise Haynes

Matthew House: Provides transitional housing for working families with children who are homeless or at risk of becoming homeless. Must be employed for a minimum of 6 months to apply.

Hopes & Dreams: Provides transitional housing for families on the Work First program who are homeless or at risk of becoming homeless.

Harriet's House: Transitional housing for women ex-offenders who must be able to regain custody of their children. Must have served time in a State Facility.

Note: *All applicants who suffer from substance abuse must have maintained a minimum 6 months of being clean and free of alcohol and/or drugs.*

Rainbow's End821-1348

(A program of Triangle Family Services/Traveler's Aid)

6 month program provides case management, advocacy, support, and some financial assistance for families (must have underage children living in the home) that meet the HUD definition of homeless and have some source of income.

NOTCH.....821-0790

(A program of Triangle Family Services/Traveler's Aid)

6 month program provides case management, advocacy, support and some financial assistance for families (must have underage children living in the home) who under Normal circumstances can afford monthly expenses but due to a crisis are at risk of being homeless.

AFFORDABLE HOUSING

According to HUD, Affordable means:

- A family should not spend more than 30% of the gross income for their rent and utilities combined.
- A family who is spending more than 50% of its gross income on housing is in a serious crisis situation and at a high risk for homelessness.

What Can Your Family Afford For Rent & Utilities

Multiply your monthly gross income by .3 or divide it by 3 to figure about 30%. This is the maximum amount your family should spend for rent and utilities to help ensure that other basic needs of the family can be met.

Budgeting Disciplinary Steps

Budgeting is money management. If you DO have a budget and follow the budget, YOU MANAGE YOUR MONEY. If you DO NOT budget, YOUR MONEY MANAGES YOU!!

Try a weekly budget to start with and over time you may want to change to a monthly budget. If you are paid every other week, then a two week budget will probably best for you.

1. Estimate the amount of money will have available for the period in which you need to budget. Include any “cash on hand”, take home income and all other income expected for that period of time.
2. Estimate your expenses for the budget period. If you have a weekly or biweekly budget, don't forget to include those expenses that have to be paid monthly.
3. Compare and adjust. You CANNOT spend more than you have. If your budgeted expenses are less than your income, plan to save the money that is left.
4. Follow your budget – spend only what you have budgeted to spend.

Some Questions To Ask Yourself Before Spending Money

1. Do I/we really NEED it?? Don't mix up your needs and wants.
2. Do I/we really NEED to have it TODAY? Wait a while, the “need” may pass.
3. What will happen if I/we do not get it right now??
4. How have I/we lived without it until now??

The Search For Housing

After determining the amount of rent you can afford to pay on a monthly basis, your search for a home begins. The Wake Housing Resource Center will provide you with a wide variety of information under one roof.

You should keep a list of Landlords, Apartment Managers and Real Estate Agencies that you contact so you will be able to remember what housing they have available.

AVOIDING PROBLEMS WITH THE LANDLORD



Pay your rent on time. If you are late with your rent, the landlord has a legal right to have you evicted.

If you are going to be late with your rent for some unavoidable reason, let the landlord know why and when you will be able to pay. Be sure to follow up and pay when promised.

Do not wait until the last minute to deal with problems. Talk to your landlord and be prepared to face the consequences. Hiding out from the landlord will only make things worse and may anger the landlord.

Approach the landlord calmly and politely even if he/she is not that way with you. It may help to make the situation better and even if it doesn't, you will know that you did it the right way.

PUT IT IN WRITING

COMPLAINING TO THE LANDLORD

The first step in getting the landlord to make needed repairs is to call your landlord. You must then put your request for repairs in writing and deliver to your landlord or property manager. Always date the request and keep a copy for your records.

By first calling, you are immediately notifying the landlord of a problem. By writing it down, you are making a record of your complaint. The law does require proof that you have notified the landlord of maintenance and other needs before you can take any other action.

Always keep a copy of any letters you send or deliver to the landlord and document the date, time and reason for any telephone calls to the landlord.

IF THERE IS NO RESPONSE FROM THE LANDLORD

You should hear from your landlord within a day or two, depending on the severity of the problem.

If you do not hear from the landlord or if the repairs are not completed, you can call Legal Services at 828-4647 for advice and if it is a safety or health hazard, you can call the City Housing Codes department at 807-5110.

Keep your home as neat, clean and safe as you can. Try to minimize any damage due to needed repairs.

Do Not withhold your rent in hopes that the landlord will make repairs sooner unless a lawyer advises you to do so. The landlord will have a legal right to evict you for nonpayment of the rent regardless if repairs are done or not. Not paying rent on time will violate your lease.

ROOMING HOUSES

16 N. East St.
Phone: 828-2447
Owner: John Marshall

123 N. Bloodworth St.
Phone: 833-0447
Owner: Ruby Wallace

217 Lenoir Street
Phone: 828-6983
Student (Females Only)

622 Jamaica Drive
Phone: 772-1455
Owner: David Wilkes

Johnny Blalock
Phone: 834-5676

12 Hill St. (house ready July 1st)
Phone: 834-3268
Owner: Helen Greene

Jim Antista
Phone: 662-1152
(no children)

16 Fisher St.
Phone: 831-2557
Contact: Eloise Dixon

Nu Capital MGMT Group
100 North Bloodworth St.
919-834-9610

410 Cutler Street
Phone: 872-7455
Owner: John Schrader

515 New Bern Ave.
Phone: 834-1888
Owner: Stafford Bullock

YWCA (women)
1012 Oberlin Road
only to those participating in a
YWCA program.
Phone: 828-3205 or 828-3206

Hailey Properties
PO Box 699
Cary, NC 27512
919-467-4700
919-835-0572

822 E. Martin St. (Women)
207 Haywood St. (Men)
Phone: no phone
Contact: Joseph Carr

YMCA (Men)
1601 Hillsborough St.
Phone: 832-6601

James Legg-Schrader
Properties
410 Cutler St.
Raleigh, NC 27610

REALTY COMPANIES

Adams & Terry Realty
1310 Hillsborough St.
Phone: 832-7783
Contact: Estelle Potter

Brown Realty
812 New Bern Ave.
Phone: 832-1814
Contact: Jim Brown

Durham & Associates
1809 Glenwood Ave.
Phone: 821-5120

Jordan & Hicks
2949 New Bern Ave.
Phone: 834-8225

Joyner Realty
815 New Bern Ave.
Phone: 231-3212

Gurley Realty
318 S. McDowell St.
Phone: 833-9192

Property Services
407 N. Boylan Ave.
Phone: 833-0311

John Winters Realty
507 E. Martin Street
Phone: 828 – 5786

Wilson Property Management
2508 Avent Ferry Rd.
Phone: 755-0864
(no vouchers accepted)

Schrader Properties
5862 Farrington Place
Phone: 872-7455

York Properties
1900 Cameron Street
Phone: 821-1350

V.G. Murray & Co.
722 St. Mary's St.
Phone: 832-5350

Parrish Realty
Phone: 269-5586

Rhyne Associates
Phone: 787-9375

Raleigh Rental
1213 Ridge Rd.
Phone: 834-2580
(no vouchers accepted)

Washington Terrace
Apartments
1951 Booker Drive
Raleigh, NC 27610
Phone: 833-1102

Bossie McNeill Realty
PO Box 25553
Raleigh, NC 27611
Phone: 833-5854

Devonshire Apartments
6400 Old Wake Forest Rd.
Raleigh, NC 27616
Phone: 878-5100

Jag Management
Phone: 847-8162

V.G. Morgan Properties
Phone: 832-5350

Trademark Properties
Phone: 732-5552

SUBSIDIZED THROUGH HUD

Tryon Grove Apartments
2508 Tryon Grove Drive
Phone: 832-0949
Contact: Connie Snead

Dover Apartments
705 Illeagnes Road
Raleigh, NC 27529
Phone: 828-7070
Contact: LaLarnie Lee

Casa Grande Apartments
2448 Melvid Court
2 & 3 bedroom Apts.
Phone: 231-9596
Contact: Nancy Rodriguez

Cobblestone Apartments
Phone: 557-1280

Southgate Apartments
1615 Proctor Rd.

Forest Hills Apartments
917 Seventh Avenue
Garner, NC 27529

Raleigh Gardens
6145 Saint Giles St.
Phone: 781-9538

Raleigh North Apartments
1201 Glasscock St.
Phone: 833-4827

Woodland Apartments 1-2-3
815-A Suffolk Blvd
Contact: Cathy Braswell
Phone: 833-0908
Section 8 accepted

Rich Park
1822 Gorman St.
Phone: 832-8770
Contact: Ms. Hinton

Jeffries Ridge Apartments
2911 Madelyn Watson Lane
Phone: 546-0052

Baytree Apartments
Fuquay-Varina
Phone: 552-2216

EMPLOYMENT RESOURCES

Culinary Job Training Program (Interfaith Food Shuttle).....250-0043

1001 Blair Drive, Raleigh, N. C. 27610

10-week culinary (chef) training program. Resume and interviewing skills, job placement. All materials provided, and students receive weekly stipend.

Employment Security Commission.....212-3849

Job Service Offices: 3351 Carl Sandburg Court Raleigh, NC 27610

Goodwill Industries.....828-7490

321 W. Hargett Street, Raleigh, NC 27601

Offers free employment skills training classes. Orientation for classes on Mondays 12:30 p.m. and 5:30 p.m. Tutorials available online at www.GCFLearnFree.org

JobLink Career Center.....250-3770

Wake County Human Services Center, 220 Swinburne Street, 3rd Floor, Raleigh, N. C. 27610

Monday – Friday, 9:00 a.m. – 4:15 p.m; Tuesdays open until 8:00 p.m.

The JobLink Career Center located in the Wake County Human Services Center on Swinburne Street provides a professional setting where job seekers can search for employment and training opportunities and where businesses can access a large pool of potential job applicants. Bi-lingual staff are available (call for availability). Note: There are several JobLinks in Wake County. For locations and hours of operation, visit the JobLink website at www.joblinkcc.com

North Carolina Division of Services for the Blind.....733-4234

2601 Mail Service Center, Raleigh, NC 27699

Rehabilitation Program-Services offered to assist individuals who are blind or visually impaired in obtaining or maintaining employment and in living more independently.

- Independent Living Program-Services are provided to help the senior visually impaired adult population maintain self-sufficiency in their place of residence.
- School to Work Program- Transition services are provided to help high school students obtain various employment opportunities.

PRO-Familia.....212-9396

2815 Kidd Road, Raleigh, N. C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

PRO-Familia assists economically disadvantaged, non English-speaking Latino families become self sufficient through employment. The program also focuses on assisting participants in improving their English language skills. PRO-Familia targets Hispanic families with at least one child below the age of 18 living with them in Wake County whose total gross wages and unearned income do not exceed 200% of federal poverty guidelines.

Telamon851-6141

4917 Water's Edge Dr., Suite 220, Raleigh, NC 27606

Employment training for migrant/seasonal farm workers. www.telamon.org

Vocational Rehabilitation.....733-7807

436 N. Harrington Street, Raleigh, NC 27603

A person residing in Wake County may apply for services by contacting the VR office at the above address or by calling the phone number listed.

Eligibility: A person who has a physical, mental, learning disability, or emotional impairment that affects your ability to find or maintain employment, and that person requires VR services to get ready for, find, or keep a job.

Wake County Supportive Employment Program.....212-7104

220 Swinburne Street, 3rd Floor, Raleigh, N. C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

The Supportive Employment Program provides intensive employment support to Wake County residents (18 years of age and older) who have severe mental illness and overlapping disabilities. Individualized supports are provided by employment specialists to help consumers find competitive employment in integrated job settings. Community based services such as job development, job placement and coaching services are provided; follow-along supports are maintained indefinitely. Supportive Employment also serves Work First consumers who need intensive employment support.

Workforce Investment Act (WIA) Programs.....250-3770220

Swinburne Street, 3rd Floor, Raleigh, N. C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

Wake County Human Services operates two programs through the Workforce Investment Act: 1) Adult Program; 2) Dislocated Worker Program. Both offer assistance with job search and/or training to assist customers in re-entering the workforce. The WIA Adult Program determines eligibility on an individual basis based on the individual's employment or economic situation. The WIA Dislocated Worker Program assists persons who have lost their job due to layoffs, plant closings, economic downturns or natural disasters.

Working for Kids.....212-9396

2815 Kidd Road, Raleigh, N. C. 27610

Monday – Friday, 8:30 a.m. – 5:15 p.m.

Program orientation (for those interested in learning about Working for Kids) held on Wednesdays at 10:00 a.m.

Working for Kids helps economically disadvantaged, non-custodial parents obtain and maintain employment so that they may become more self-sufficient, satisfy their child support obligations and become more active, positive role models for their children. Working for Kids assists non-custodial parents who are Wake County residents and who meet certain criteria:

- Unemployed, underemployed or having difficult making child support payments AND
- Have a child who receives Work First cash assistance AND/OR
- Total gross wages and unearned income of non-custodial parent do not exceed 200% of federal poverty guidelines.

EDUCATIONAL RESOURCES

**RISE, A Magnet School for Adults836-9500
(VOICES)**

**Located at First Presyterian Church Outreach Ministry building
124 S. Salisbury Street, Raleigh, NC 27601**

Located at First Presbyterian Church's new facility downtown. Hours are flexible to meet students' needs. A number of free courses and training opportunities offered. Classes will include GED, ABE, and ESL; computer training; creative writing; parenting; group skills; and financial management. Child care will be available on-site.

**Goodwill Industries of Eastern North Carolina.....828-7490
321 West Hargett Street. Raleigh, North Carolina 27601**

Talent Programs (Job Training Program in Computer Technology) Night Classes, Mon., Tues., Wed., 5:30pm-8:30pm, Free, Week-end workshops, Saturdays, 9:00am-12:00pm, Free, Computer Lab, Sat. – Sun., 1:00pm –5:00pm. Lessons available on line at www.GCFLearn.org

GED/Adult Basic Education/English as a Second Language Classes:

**Building Together:834-7626
1116 N. Blount St., Raleigh, NC 27604**
GED - Tuesday and Thursday, 7:00 p.m. - 9:00 p.m.

**Forest Hills Baptist Church:828-6161
3110 Clark Ave., Raleigh, NC 27607**
ESL - September through May. Wednesdays 6:00 - 7:45 p.m.; Sundays 9:30 - 10:45 a.m.
Contact Mr. Frober.

**Raleigh Rescue Mission:828-9014
Learning Center/Computer Lab
314 E. Hargett St., Raleigh, NC 27601**
GED - Monday and Wednesday 9:00 a.m. - 12:00 noon. Other free adult education classes include Life Skills, Creative Writing, Continuing Education, Computer Basic, Graphics, Art, Training to Work in Today's Office Environment. (Monday from 9:00 -10:30 a.m.), money management (Wednesday from 6:45 - 8:45 p.m.) and ESL classes as needed; computers available for GED study, Monday through Friday, 9:00 a.m. - 4:30 p.m.

**Wake Tech Adult Education Center:715-3434
1920 Capital Blvd., Raleigh, NC**
Monday through Thursday 8:00 a.m. – 9:00 p.m.; Friday 8:00 a.m. – 5:00 p.m.
GED, ABE, ESL, and Basic Skill classes offered. Many options as far as days and times. Classes for adults over 18 who have dropped out of school.

**Growing Place685-8373
PO Box 52085, Raleigh, NC 27612**
Grades K through 3 for homeless children. Referral required.

HEALTH CARE

MEDICAL CARE:

Horizon Health Center.....743-0711

102 North Tarboro Rd, Raleigh, NC 27610 (new location scheduled to open Jan. 2002)Program of Wake Health Services Inc.

Horizon Health Center is a walk-in clinic that provides health care for the homeless People of all ages. It is a medical facility of Wake health Services Inc. and is staffed by five Medical Doctors, one Physician’s Assistant, and one Registered Nurse.
Hours of operation: Mon. – Fri. 8:30 a.m. – 5:15 p.m.

Patient hours vary each month and schedules are sent to shelters and clinics. Lab services are provided. Medication assistance is provided through the Drug Assistance Program (DAP) and Wake Health Services Inc.

Open Door Clinic.....832-0820

840 Semart Dr., Raleigh, NC 27604

Tuesday and Thursday; doors open at 5:00 p.m. Free medical and dental care for low income; non-insured individuals. Patients are seen (on a first come, first served basis) by area doctors and specialists who volunteer at this clinic. 25 person limit per evening for medical services; 5-8 person limit for dental services. Chronic disease management **by appointment only**, Mondays and Wednesdays at 5:00pm.

The Women’s Center829-3711

128 E. Hargett Street, Raleigh, NC 27602

HIV/AIDS testing and counseling on site every Tuesday 5:30pm – 8:00pm; also HIV/AIDS education group once a week, lunch time on Tuesdays.

Wake County Human Services250-4400

Public Health Center - 10 Sunnybrook Rd., Raleigh, NC 27610

Monday through Friday, 8:15 a.m. - 5:15 p.m. Call for appointments for all types of health care needs.

Wake Health Services, Inc Administrative Office.....(743-0711)

3 locations:

1001 Rock Quarry Road, Raleigh, NC 27610.....833-3111

Monday through Friday, 8:00 a.m. - 5:00 p.m., Tuesday and Thursday open until 6:30 p.m. Family medicine. Fees on a sliding scale based on income and family size.

100 Sunnybrook Road, Suite 202, Raleigh, NC 27610.....231-3180

Monday through Friday, 9:30 a.m. - 5:30 p.m. *Pediatrics.*

212 S. Salem Street, Apex, NC 27502362-5201

Monday through Friday 8:30 a.m. - 5:00 p.m., Wednesday open until 6:30 p.m. Family practice Fees on a sliding scale based on income and family size.

Health Care continued.....

DENTAL CARE:

- Open Door Clinic.....832-0820**
840 Semart Dr., Raleigh, NC 27604
 Tuesday and Thursday doors open at 5:00 p.m. Patients are seen on a first come, first served basis, by professionals volunteering at the clinic. Limit of 5 - 8 dental patients per evening.
- Wake County Human Services250-4610**
Public Health Center - 10 Sunnybrook Rd., Raleigh, NC 27610
 Monday through Friday, 8:15 a.m. - 5:15 p.m. Children Only. Call for an appointment. Fees based on sliding scale.
- Medicaid Dental Clinic.....**
South Saunders Street Will insert information before going to print
 Serving Ages 0-20, Must be Medicaid eligible.

EYE CARE:

- Wake County Human Services, Service Intake212-7000**
220 Swinburne Street, Raleigh, NC 27610
 Monday through Friday, 8:30 a.m. - 5:00 p.m. Vouchers for eye exams and eyeglasses are available for income eligible individuals, once every two years, at a fee of \$5.00 per voucher.
- Raleigh Lion's Club:..... 834-6428**
 For those not income eligible, the Lion's Club may be an option(6428). For more information, contact the Raleigh Lion's Clinic for the Blind at 833-8611.

HIV TESTING/AIDS SERVICES

- Alliance of AIDS Services Carolina/"Under One Roof"212-9500**
27 Sunnybrook Road, Raleigh, NC 27610
 Free confidential HIV testing & counseling, financial assistance and initial intake by appointment only. Walk-in food pantry and bus ticket assistance available Monday, Tuesday, Wednesday, Friday 9:00 a.m. – 4:30 p.m. and Thursday 9:00 a.m. – 2:00 p.m.
- Metropolitan Community Church834-2611**
805 Glenwood Avenue, Raleigh, NC 27605
 HIV Testing Saturdays, 9:00 -11:00 a.m.
- National AIDS Hotline(800) 342-2437**
- NC Women's CoOp541-7255**
507 E. Martin Street, Raleigh, NC 27610
 Contact: Rachel Middlesteadt Email: rachelm@rti.org
 Outreach services focusing on HIV/AIDS and substance abuse prevention/education. Services, including free HIV testing. Call for locations and times.

SouthLight787-6131
Awareness Center-231-A East Street, Raleigh, NC 27601
Outreach and case management services focusing on HIV/AIDS and substance abuse awareness, prevention, and education. Services offered at various locations. Call for more information.

Triangle Family Services.....821-0790
401 Hillsborough St., Raleigh, NC 27603
Free, confidential HIV (AIDS) Testing offered on Wednesdays from 3-6 p.m. on a walk-in basis. Last person taken at 5:30 p.m. Ask for Judy.

Wake County AIDS Case Management250-4510
(A division of Wake County Human Services)
Information & referral services for patients with HIV/AIDS.

Wake County Human Services250-3950
Public Health Center - 10 Sunnybrook Road, Raleigh, NC 27610
All clinics will do confidential testing. Call for an appointment for confidential testing.

PRESCRIPTIONS

Christian Community in Action469-9861
1231 NE Maynard Road, Cary, 27513
Monday and Thursday 10:00 a.m. - 2:30 p.m.; Tuesday, Wednesday and Friday 10:00 a.m. - 1:30 p.m. Assistance for Cary, Apex, Morrisville, and Holly Springs, Willow Springs. Residents of Fuguy Varina and Raleigh must have a written referral.

The Women's Center829-3711
128 E. Hargett Street, Raleigh, NC 27601
Financial assistance for prescriptions for women. Must call for appointment with a financial counselor.

Urban Ministries834-4707
840 Semart Dr., Raleigh, NC 27604
Monday through Friday, 9:00 a.m. - 1:00 p.m. Prescription assistance for low-income and homeless individuals. First come first served basis. NC State ID required.

Wake County Human Services, Service Intake212-7000
220 Swinburne Road, Raleigh, NC 27610
Financial assistance for prescriptions for homeless and low-income individuals.

Wake County Human Services, Mental Health Services250-3100
3010 Falstaff Rd., Raleigh, NC 27610
Monday through Friday, 8:30 a.m. - 5:00 p.m. Prescription assistance for mental health clients.

MENTAL HEALTH & SUBSTANCE ABUSE SERVICES

Awareness Center836-8560

(A division of SouthLight)

231 S. East Street, Raleigh, NC 27601

Free walk-in counseling center for drug, alcohol, and related problems. Education, information, and confidential services provided.

Cornerstone - Wake County Human Services508-0777

Path and Community Outreach Team Referral Line508-0770

220 Snow Avenue, Raleigh, NC 27603

Outreach and Engagement, Crisis intervention assessments and case management services offered to homeless individuals and those who are at imminent risk of becoming homeless. Team members assist homeless individuals with severe and persistent mental illness and/or substance abuse problems.

Drop-In Center (A Division of Wake County Human Services)856-5241

567 E. Hargett St., Raleigh, NC 27601

The Hargett Street Drop in Center is a psychosocial rehabilitation program that helps participants learn to function at their highest level of independence. Clients who are admitted to the program have a severe and persistent mental illness and often have a dual diagnosis of mental illness and substance abuse. Lunch, Showers, haircuts, and laundry facilities are available to clients who have been accepted into the program and who are attending group activities.

The Program's Framework for achievement has four components:

- **Educational/Skill Building** – social skills, stress stoppers, emotional wellness, health education, women's group, men's group, current events. All clients are encouraged to attend these ongoing groups.
- **Vocational** – job club, job development, job placement, individual skills assessment, counseling and support. Job Specialist will work individually with clients to obtain and maintain work provided they are currently attending the Center and are capable and committed to working.
- **Overcoming Addiction** – double trouble (alcoholics Anonymous), building blocks, individual counseling and guidance. Clients who are actively or have recently abused substances are required to attend these groups. Double Trouble is an A.A. meeting for anyone who has dual diagnosis. The meeting is held on Tuesday at 10:00 a.m. and is an open meeting.
- **Recreational/leisure** – Trips in the community, classes, sports and games, exercise, dancing, and leisure skills training. These activities encourage positive self-esteem, physical and emotional health, and productive use of leisure time. Program Hours: 9:00am – 4:00pm, Monday through Friday.

Referral Procedure: The primary therapist sends a completed referral form, the latest psychiatric assessment, and a copy of the screening form to us via Inter-office mail or fax. Include as much relevant information as possible including the reason for the referral. We will contact you or the client, if you so request, to set up an admission interview. Once clients have been admitted to program they may attend daily or drop in as often as they choose. Clients are kept on an active list for six months. If they do not attend for more than six months, the referral process starts again. Clients who do not keep their clinic appointments or refuse treatment will not be able to remain in the program.

Mental Health and Abuse Services continued.....

Evaluation and Emergency Services250-3133

Wake County Human Services

3000 Falstaff Road, Raleigh, NC 27610

24-hour evaluation for Mental Health and Substance Abuse services.

SouthLight787-6131

3117 Poplar Wood Court, Suite 326, Raleigh, NC 27604

Services/programs include:

- **Going Places.....832-1400**
Services for youth in Southeast Raleigh who are impacted by drugs/alcohol. Services include assessment, education, counseling, life skills training, conflict resolution, and violence reduction. Parenting workshops and a Speaker's Bureau are also available.
- **Judicial Services828-4892**
Services for first time offenders who are court involved because of substance abuse or addictions.
- **Life-Plus832-4453**
Case management and treatment for chronically dependent clients with housing, employment, literacy, or ongoing physical/emotional health problems. Fees for screening and intake.
- **Pathways Counseling Center872-7373**
Assessment; education; drug testing; intensive outpatient counseling; individual, group and family counseling; intervention; and after/continuing care services for individuals with problems related to substance abuse.
- **Reach Outdoor Adventure.....872-7373** Reach rope course provides outdoor adventure to adolescents and adults to build self-esteem, trust, and communication/decision-making skills.
- **Supervised Independent Living Program832-4453**
Comprehensive program to assist recovering drug-free clients with independent living skills.
- **Wakeview Medical Clinic832-7351**
Methadone clinic with drug screening and medical services including HIV testing/counseling and methadone treatment. Fees based on sliding scale.

Triangle Family Services821-0790

401 Hillsborough Street, Raleigh, NC 27603

Monday and Friday 8:30 a.m. - 5:00 p.m.; Tuesday, Wednesday and Thursday 8:30 a.m. - 8:00 p.m. Individual, group, and family counseling. Fees based on a sliding scale.

VETERAN'S SERVICES

Durham VA Hospital 286-6974
Medical Care available @ 508 Fulton St, and at the Raleigh Clinic. Limited transitional housing for homeless veterans. Other services: Public housing assistance

NC Division of Veteran's Affairs 662-3018
1259-B Aversboro Road, Garner, NC 27529

The Raleigh Vet Center..... 856-4616
1649 Old Louisburg Road, Raleigh, NC 27604

Free counseling and referral services provided for veterans by a qualified team of counselors. Hours of operation-8:00am-9:00pm. Call for more information.

Wake County Human Services

• **Veterans Services 212-7450**
220 Swinburne Road, Raleigh, NC 27610

Assists veterans with obtaining military paperwork, employment assistance, medical care, help with transportation and other services for veterans.

LEGAL SERVICES

East Central Community Legal Services 828-4647
219 Fayetteville Street Mall, Suite 810, Raleigh, NC 27601

Free legal advice and assistance for non-criminal matters available to low-income residents of Wake, Johnston, Harnett, Lee, and Sampson counties. Areas of practice include family, employment, consumer, housing, public benefits and education law.

Monday through Friday 8:30 a.m. – 8:00 p.m.

Legal Services of North Carolina 856-2564
224 S. Dawson Street, Raleigh, NC 27601

Mental Disability Issues..... 856-2121

Fair Housing 856-2171

Justice Center 856-2570

Prison Issues..... 856-2200

Monday through Friday, 8:30 a.m. - 5:00 p.m. Free legal advice and assistance for low-income individuals.

Women's Center..... 829-3711
128 E. Hargett St., Suite 10, Raleigh, NC 27601

Attorney Hotline: Monday and Thursday 4:00 p.m. - 5:30 p.m. Call main number and ask for Attorney Hotline number.

Resources for Working with Latino Families

National Resources:

CDC National Immunization Hotline.....Spanish 800-232-0233
English 800 344-7432

Migrant Education Hotline800-234-8848

National Council of La Raza(202) 785-1670
<http://www.nclr.org>

COSSMHO (Health and Human Services for Hispanic).....(202) 387-5000
<http://www.cossmho.org>

Hispanic Health Council Inc......(860) 527-0856
<http://www.hispanichealth.com>

AT&T Language Line Services800-377-9968
(Over the phone interpretation services cost is \$2.25/minute)

North Carolina Statewide and Wake County Programs for Hispanic

Care-Line, Citizen Services, NCDHHS.....800-662-7030
Rogelio Valencia, Hispanic Ombudsman
(919) 733-4261

Office of Minority Health, NCDHHS.....(919) 715-0992

NC Family Health Resource Line.....800-367-2229

Governor's Council on Latino Affairs.....(919) 733-5361
Dr. Nolo Martinez,
Director of Hispanic/Latino Affairs
<http://www.ayudate.org/agrability/healthlinks.html>

El Pueblo, Inc.....(919) 835-1525
www.elpueblo.org
Advocacy, Leadership, & Development

NC Society for Hispanic Professionals.....(919) 490-0021
ncshpinc@aol.com
Mentoring, tutoring programs for Latino youth

Hispanic Chamber of Commerce.....(919) 806-2209
P O Box 97004 Raleigh, North Carolina 27624.....(919) 788-0061
Business, Economic development
President: Ricardo Perez
ncneighbors.com/976

Immigrants Legal Assistance Project.....(919) 856-2159
Yvonne@ncjustice.org
Legal representation & advocate training

Legal Services of NC.....(919) 856-2180
 Legal representation for farm workers,
 discrimination issues.

Hispanic Ministry Coordination(919) 468-3013
 Coordinates Hispanics ministries for 13
 parishes in Wake and Franklin Co.

Latin American Association of NC.....(919) 968-4656
 Social, Cultural International Festival

Latin American Resource Center.....(919) 870-5272
 Cultural, Educational Programs
larc@worldnet.att.net

Lutheran Family Services.....(919) 832-2620
 Sponsor org. for Refugees

NC Partners of the Americas.....(919) 733-2853
 Community Development between NC & Bolivia
 ext 226

Centro para Familias Hispanas.....(919) 834-7333
 Interpreting, social services, counseling referrals
csmral@raldioc.org

Project Esperanza(919) 856-2130
 Domestic violence, resources

Interact.....(919) 828-8320
 Domestic violence program in Wake Co.

Wake County Human Services.....(919) 212-7000
 Public Health, Mental Health and Social Services

List of Non-Profit Organizations for Latino Families

Iglesia Fuente de Salvacion
807 New Rand Rd.
Garner, NC 27529
Church Phone #: 733-2700
Pastor Home # 366-3904

Iglesia de Dios P O Box 40518
705 Pershing Rd. Raeigh, NC 27629-0518
Raleigh, NC 27608 Phone 821-0221
Phone: 833-9769

New Hope Baptist Chur
Hispanic Ministry
4301 Louisburg Road
Raleigh, NC 27604
phone: 876-5250

First Free Will Baptist Church
2110 Trawick Rd.
Raleigh, NC 27604

Raleigh International Church
4020 Capital Boulevard
Raleigh, NC 27604
Church phone # 875-0950
Home: 676-8482

Iglesia Bautista La Fe
728 Mark's Creek Rd.
Knightdale, NC 27545

A Special Note of Thanks:

I want to thank the Resource Guide Committee: Eva Oakley, Director of Corner Stone, Melvinna McKenzie, Director of the Wake Housing Resource Center, Lisa Mowat, Social Worker-Housing Specialist, and Laura Harris, Social Worker-Housing Specialist, for their hard work and dedication to the accuracy and presentation of the Wake County Resource Guide. I appreciate this talented and gifted group of women and Wake County Human Services is very fortunate to have employees of this caliber in its organization.

Sincerely,

***Lisa Hillman-Williams, Chairman
Executive Assistant
Economic Self Sufficiency***